

# St. Louis County Approved Parent Education Programs List

Effective March 1, 2009, the Family Court of St. Louis County requires that all parents who are seeking a divorce (legally known as dissolution of marriage), legal separation, declaration of paternity or petition for custody, or who are seeking to modify a prior order which involves issues of child custody or visitation and who have at least one (1) child under age 19 in common must attend a Parent Education Class sponsored through the Court.

These virtual classes cover divorce, legal separation, paternity determination or custody action, or modifications of a prior order and its impact on adults as well as children, and presents ways to help the family cope with changes resulting from these proceedings. The classes focus on increasing cooperation between parents with an emphasis upon reducing potential trauma for children. The Petitioner (i.e. the parent who files the petition for divorce or legal separation, paternity or custody or a motion to modify a prior order) must attend a class within 45 days after filing the petition or motion; the Respondent (i.e. the other parent) must attend a class within 45 days after service of the petition or motion, or the filing of a voluntary entry of appearance and waiver. Please have your cause number available when you schedule your class.

You may select a virtual class from the following providers:

## **Kids in the Middle**

2650 S. Hanley Rd. Ste 150

St. Louis, MO 63144

[www.kidsinthemiddle.org](http://www.kidsinthemiddle.org)

Phone: 314 909-9922, press 2 for Court Programs.

Kids in the Middle offers a virtual 2-hour, Co-Parenting Education (COPE) Class. All classes are facilitated by a trained, master's level therapist and provide an opportunity discussion.

## **Parent Educators, LLC**

10733 Kirkwood Road, Ste.#143

Kirkwood, MO 63122

[www.stlparenteducation.com](http://www.stlparenteducation.com)

Phone: 314 863-3310

Parent Educators is a small, locally-owned business with 25+ years of experience providing co-parenting education classes for families going through a divorce or custody modification. Our class, "Keeping the Focus on Children of Divorce" is a one-time, 2 hour class that is offered in either an on-line format (both in English or Spanish) or a virtual class format (via Zoom – English only). Our virtual class is facilitated by licensed, master's level therapists with time for discussion and questions throughout.



## **Focus on Kids Online**

Website: [extension.missouri.edu/programs/focus-on-kids](http://extension.missouri.edu/programs/focus-on-kids)

Phone: 573 808-0076

Focus on Kids is a research-based, educational, online program for parents who are divorcing, separating, or modifying their parenting agreement. Register and complete the 75 minute course all online at any time. Spanish and English subtitles available.

[bit.ly/FOKOnlineFlyer](http://bit.ly/FOKOnlineFlyer)

